

# HELMET SIZE GUIDE

How to choose your helmet size.

## 1 Measure

Use a measuring tape to measure around your head one inch above your eyebrows. Or use a string to measure and then lay it out and measure the length of the string.



## 2 Choose Size

Use this chart to convert measurement to hat size.

Head Size (inches)	19 <sup>5</sup> / <sub>8</sub>	20	20 <sup>3</sup> / <sub>8</sub>	20 <sup>3</sup> / <sub>4</sub>	21 <sup>1</sup> / <sub>4</sub>	21 <sup>5</sup> / <sub>8</sub>	22	22 <sup>3</sup> / <sub>8</sub>	22 <sup>3</sup> / <sub>4</sub>	23 <sup>1</sup> / <sub>8</sub>	23 <sup>5</sup> / <sub>8</sub>	24	24 <sup>3</sup> / <sub>8</sub>
Head Size (centimeters)	50	51	52	53	54	55	56	57	58	59	60	61	62
Hat Size	6 <sup>1</sup> / <sub>4</sub>	6 <sup>3</sup> / <sub>8</sub>	6 <sup>1</sup> / <sub>2</sub>	6 <sup>5</sup> / <sub>8</sub>	6 <sup>3</sup> / <sub>4</sub>	6 <sup>7</sup> / <sub>8</sub>	7	7 <sup>1</sup> / <sub>8</sub>	7 <sup>1</sup> / <sub>4</sub>	7 <sup>3</sup> / <sub>8</sub>	7 <sup>1</sup> / <sub>2</sub>	7 <sup>5</sup> / <sub>8</sub>	7 <sup>3</sup> / <sub>4</sub>

**Disclaimer:** This conversion chart is a guide only and does not constitute a guarantee as to the fit of the helmet. Some people may have a unique head shape changing what size they need. Some helmets fit different shaped heads better than others.

## 3 Select Your Helmet

Select the helmet model you would like to purchase and review the specific size range available and order accordingly.

