

## RAWHIDE RANCH HEALTH & SAFETY POLICIES

Please make sure all your adult participants are familiar with these policies.

1. All user groups participating will be responsible for their own first aid care and medications. If the situation is an emergency, the group must notify the camp staff to coordinate the care. The exception to this is in the riding program where the riding staff is responsible.
2. The user groups should bring and use their own first aid supplies. A **limited** supply of materials will be available at the health lodge/office.
3. All emergency transportation will be handled by the EMS service. The user group is responsible for contacting the camp staff anytime they contact EMS or they feel EMS needs to be called.
4. When medical treatment given to a participant is more than very basic first aid, the camp administration must be informed of that treatment before the group departs.
5. Rawhide Ranch advises that each group should have a person or persons certified in basic First Aid and CPR in attendance with the group.
6. Each group must have available transportation in case of emergency. Group leader is responsible for informing their group of where they will be staying at night and must be available.
7. Each group should collect and retain while in attendance the following information before coming to camp: Names and addresses of all participants; emergency contacts; a listing of any participant with allergies or health conditions which would restrict their activity; and, for minors without a parent on site, a signed permission to treat form.
8. Parents should not call/email the Ranch office in order to contact their child. Group leaders/chaperones are responsible for parent/child communication. If a parent needs to reach their child while at camp, the parent must be able to contact the group leader or one of the chaperones. Please make sure all parents/guardians are aware of this, and be sure to give each parent a good working phone number so they can reach you if needed.
9. Each group must have one adult leader per cabin and a minimum of two adult leaders per group. If the group is co-ed, there must be at least one male and at least one female leader.
10. The use of alcoholic beverages or drug abuse is not permitted on ranch property.
11. Vehicles are not permitted beyond the main parking lots. All gear and supplies must be unloaded in parking lots and carried to sleeping areas. **Pack Lightly!!**
12. All campers (adult & youth) must stay out of areas marked as "off limits".
13. In program areas the Rawhide Ranch staff in charge of that area has final say in all issues of health and safety.
14. All youth participants must be at least 7 years of age and not more than 15 years of age.
15. Visitors/participants may not bring dogs or other animals onto the ranch property.
16. **Rawhide Ranch is not responsible for lost, damaged or stolen items.** Please keep in mind we are a large ranch facility with many animals and there is always a chance of items getting dirty, broken or lost.

### **FOR RIDING PROGRAM PARTICIPANTS**

17. Everyone must fill out and sign a "Riding Instruction Agreement and Liability Release Form for Individuals" prior to participating.
18. Due to the strenuous nature of horseback riding, it is necessary for us to enforce certain restrictions on height/weight ratios to be determined at the discretion of the head riding instructor.
19. We require all riders to wear riding helmets. You are free to use your own helmet as long as it is an ASTM approved equestrian helmet suitable for riding. Everyone must also wear long pants and sturdy shoes, preferably boots.

**Any person/family/group not adhering to these policies may be asked to leave the property with no refund.**