

WEEK #1,4,7 SUMMER 2011	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Eggs, cheese, Canadian bacon Cereal Fruit Hot cocoa, milk	Waffles, sausage patty Bagels, cream cheese, jelly Cereal, fruit Hot cocoa, milk	Scrambled eggs, hash browns Sausage links Cereal, donuts, fruit Hot cocoa, milk	Biscuits & gravy Bacon Cereal, fruit, jelly/cream cheese Hot cocoa, milk	French toast, syrup Sausage patty Cereal, donut, fruit Hot cocoa, milk	Scrambled eggs Hash browns Cereal, donut, fruit Hot cocoa, milk	Breakfast burritos (bean/cheese) Salsa/Sour Cream, Sausage link fruit Hot cocoa, milk
LUNCH	Sandwiches (assorted meats/cheeses) Daily Salad bar* Fruit punch, water	Meatball sandwich Daily Salad bar* fresh fruit plate Chips, cookie Fruit punch, water	Corn dogs Mac & Cheese Daily Salad bar* fresh fruit plate, jello Fruit punch, water	Grilled Chicken Sandwich Chips Daily Salad bar* fresh fruit plate, rice krispie treat Fruit punch, water	Homemade pizza (cheese or pepperoni) Daily Salad bar* fresh fruit plate, cookie Fruit punch, water	Hamburgers/Hot Dogs/fixings Mac & cheese, baked beans Veggie casserole Cookie Fruit punch, water	Grilled cheese chips Salad bar (small) Rice krispie treat Fruit punch, water
DINNER	Chicken nuggets Mashed potatoes, green beans Daily Salad bar* Apple tart Fruit punch, milk	Taquitos, rice, beans sour cream/salsa Daily Salad bar* Choc. Pudding, peaches Fruit punch, milk	Baked Chicken Mashed potatoes/gravy, corn Fresh bread, Daily Salad bar* Cherry tart Fruit punch, milk	Beef Stroganoff over Rice Peas Fruit Cocktail, Daily Salad bar* Cherry tart Fruit punch, milk	Baby Back Ribs Parsley potatoes, green beans Fresh bread, Daily Salad bar* Ice Cream Fruit punch, milk	Fish sticks Au gratin potatoes, mixed veggies Daily Salad bar* Fresh strawberry/blueberry tart Fruit punch, milk	Beef Ravioli Fresh bread Salad bar (small) Pears Fruit punch, milk
<p>*DAILY SALAD BAR includes Mixed lettuces, cherry tomatoes, pickles, green/black olives, baby corn, cottage cheese, broccoli, green onions, cucumber slices, baby carrots, croutons, dressings (ranch, thousand island, vinaigrette), sandwich bread, sunflower butter, mixed bean salad w/ artichoke & mango.</p> <p><i>**A vegetarian version of each meat entree is available for those noting a vegetarian diet on their camper's health history form. Be sure to note food allergies or intolerances on your camper's health history form in order for the kitchen to make special arrangements or arrange for supplemental food to be sent with your camper. Sorry - "picky eater" doesn't count as a special diet.</i></p> <p>Note: This menu is subject to change without notice.</p>							

WEEK #2,5,8 SUMMER 2011	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Omelet, Canadian bacon, hash browns Cereal Fruit Hot cocoa, milk	Scrambled eggs, sausage link Hashbrowns Cereal, donut, fruit Hot cocoa, milk	Biscuits & gravy Bacon Cereal, fruit, jelly/cream cheese Hot cocoa, milk	Pancakes, syrup, sausage patty Bagels, cream cheese, jelly Cereal, fruit Hot cocoa, milk	Scrambled eggs, sausage patty Hash browns Cereal, fruit Hot cocoa, milk	French toast, syrup Sausage links Cereal, fruit Hot cocoa, milk	Waffles, syrup, sausage patty Cereal, fruit Hot cocoa, milk
LUNCH	Sandwiches (assorted meats/cheeses) Daily Salad bar* Fruit punch, water	"Frito Pie" w/ ground meat, cheese Daily Salad bar* fresh fruit plate cookie Fruit punch, water	Grilled Chicken Sandwich Chips Daily Salad bar* fresh fruit plate, cookie Fruit punch, water	Homemade pizza (cheese or pepperoni) Daily Salad bar* fresh fruit plate, cookie Fruit punch, water	Sloppy Joe Sandwich Daily Salad bar* fresh fruit plate, rice krispie treat Fruit punch, water	Hamburgers/Hot Dogs/fixings Mac & cheese, baked beans Veggie casserole Cookie Fruit punch, water	Sandwiches (sloppy joe or veggie) Salad bar (small) Cookie Fruit punch, water
DINNER	Spaghetti, cheese ravioli Marinara sauce Daily Salad bar* Choc. Pudding Fruit punch, milk	Beef stew w/ dumplings Boiled potatoes, peas Daily Salad bar* Cake Fruit punch, milk	BBQ Pork Mashed potatoes, corn Fresh bread, Daily Salad bar* Vanilla pudding Fruit punch, milk	Shepards Pie Mixed veggies, fresh bread Daily Salad bar* Apple tart Fruit punch, milk	Orange Chicken w/ rice Carrots Daily Salad bar* Ice Cream Fruit punch, milk	Tacos, rice, beans Daily Salad bar* Fresh strawberry/blueberry tart Fruit punch, milk	Fish Sticks French fries, corn Salad bar (small) Peaches Fruit punch, milk
<p>*DAILY SALAD BAR includes Mixed lettuces, cherry tomatoes, pickles, green/black olives, baby corn, cottage cheese, broccoli, green onions, cucumber slices, baby carrots, croutons, dressings (ranch, thousand island, vinaigrette), sandwich bread, sunflower butter, mixed bean salad w/ artichoke & mango.</p> <p><i>**A vegetarian version of each meat entree is available for those noting a vegetarian diet on their camper's health history form. Be sure to note food allergies or intolerances on your camper's health history form in order for the kitchen to make special arrangements or arrange for supplemental food to be sent with your camper. Sorry - "picky eater" doesn't count as a special diet.</i></p> <p>Note: This menu is subject to change without notice.</p>							

WEEK #3,6,9 SUMMER 2011	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Eggs, cheese, Canadian bacon Cereal Fruit Hot cocoa, milk	Pancakes, syrup, sausage patty Bagel, cream cheese, jelly Cereal, fruit Hot cocoa, milk	French toast, syrup Sausage links Cereal, fruit Hot cocoa, milk	Scrambled eggs, hash browns Sausage patty Cereal, donut, fruit Hot cocoa, milk	Biscuits & gravy Bacon Cereal, fruit, jelly/cream cheese Hot cocoa, milk	Scrambled eggs, sausage link Hash browns Cereal, donut, fruit Hot cocoa, milk	Breakfast burritos (bean/cheese) Salsa/Sour Cream, Sausage link fruit, cereal Hot cocoa, milk
LUNCH	Tuna salad/veggie Sandwich Daily Salad bar* Fruit punch, water	Grilled cheese french fries Daily Salad bar* Cookie Fruit punch, water	Roast turkey sandwich fresh fruit plate, cookie Daily Salad bar* Fruit punch, water	"Frito Pie" w/ ground meat, cheese Daily Salad bar* fresh fruit plate cookie Fruit punch, water	Chicken Salad Pita Sandwich Chips fresh fruit plate Chips, cookie Fruit punch, water	Hamburgers/Hot Dogs/fixings Mac & cheese, baked beans Veggie casserole Cookie Fruit punch, water	Sloppy joe or Chicken Salad Sand. Salad bar (small) rice krispie treat Fruit punch, water
DINNER	Taquitos, rice, beans sour cream/salsa Daily Salad bar* Peaches Fruit punch, milk	Fried chicken potato salad, corn on the cob Daily Salad bar* apple pie w/ ice cream Fruit punch, milk	Beef Stroganoff over Noodles Peas Pears, Daily Salad bar* Fruit punch, milk	Baby Back Ribs Parsley potatoes, green beans Fresh bread, Daily Salad bar* Cake Fruit punch, milk	Orange Chicken w/ rice Vegetable medley Daily Salad bar* Ice Cream Fruit punch, milk	Fish & chips Mixed vegetables Daily Salad bar* Fresh strawberry/blueberry tart Fruit punch, milk	Chicken Baked potatoes, mixed veggies Salad bar (small) Fruit cup Fruit punch, milk
<p>*DAILY SALAD BAR includes Mixed lettuces, cherry tomatoes, pickles, green/black olives, baby corn, cottage cheese, broccoli, green onions, cucumber slices, baby carrots, croutons, dressings (ranch, thousand island, vinaigrette), sandwich bread, sunflower butter, mixed bean salad w/ artichoke & mango.</p> <p><i>**A vegetarian version of each meat entree is available for those noting a vegetarian diet on their camper's health history form. Be sure to note food allergies or intolerances on your camper's health history form in order for the kitchen to make special arrangements or arrange for supplemental food to be sent with your camper. Sorry - "picky eater" doesn't count as a special diet.</i></p> <p>Note: This menu is subject to change without notice.</p>							